



NEW HOPE
TREATMENT CENTERS

New Hope Carolinas Psychiatric Residential Treatment Facility

Sex Trafficking Program

Treatment is more successful when it begins with awareness. New Hope Treatment Centers' clinical and administrative staff completed an extensive training course in trauma-informed treatment of trafficked victims of sexual exploitation. This training has allowed us to individualize intervention and goals. Beyond addressing the trauma that the person experienced, we look at the dynamics that created risk for them initially and risk factors of continuing in life. We rely on the Dialectical Behavioral Therapy's (DBT) core philosophy of validation and acceptance and use DBT skills training to enhance victims coping strategies. All of our programs utilize a trauma informed approach, this treatment applies well to victims who have been traumatized by trafficking, adding the awareness component leads to an effective approach.

The comprehensive training course included a curriculum developed by Deepa Patel, LCSW, CSOTP, Executive Director at Trauma and Hope and her colleague Pablo Moro, LCSW, CSOTP, Director at Trauma and Hope, located in Springfield, VA. With years of experience in gang intervention and sexual exploitation, Ms. Patel and Mr. Moro personally provided the training to our staff. The detailed curriculum is designed specifically to prepare staff working in residential treatment facilities to appropriately serve the needs of child and adolescent victims of sexual exploitation. Given the unique challenges evident with this complexity seen in this form of trauma, the participants in this extensive training were provided empirically based models specifically designed to address the dynamics associated with the various forms of trafficking.

To make a referral to our program please contact our
National Referral office at 800.776.6482

